

GIG BUDDIES IN A BOX

Gig Buddies matches up people with a learning disability, and/or autism, with a volunteer who loves the same music, or shares other interests.

We're working with like-minded organisations who want to replicate our work. It'll look different everywhere because everywhere is different. But there are 4 things which are really important to us that always stay the same.

1

THE GIG BUDDIES PRINCIPLES:

1. Led by people with learning disabilities
2. Meaningful community participation
3. Mainstream cultural activities
4. Friendship

What's In The Box?

2

THE HANDBOOK

Recruiting, training, matching, safeguarding, monitoring and evaluation, running a user-led group, running your own website, launching strategy.

3

SUPPORT WEBSITE

Downloadable resources: Job Descriptions, draft adverts, brand assets, stock photos, support forum, marketing materials, support forum.

4

ESSENTIAL RESOURCES

Volunteer handbook, easier to read policies, evaluation surveys and questionnaires, training presentations and session plans, general presentations, videos, event planning resources and all sorts of other useful things.

PLUS YOU GET YOUR OWN GIG BUDDIES WEBSITE CUSTOMISED FOR YOUR COLOUR SCHEME AND ONLINE DATABASE TO MANAGE PARTICIPANTS AND VOLUNTEERS

Training, consultancy and our support

You also get us! We've been running Gig Buddies for 4 years and have loads of experience and advice which we want to share. We've got loads of ideas about how to advertise the project, tips on matching and supporting buddies and loads of experience between us around running and supporting user-led community based projects.

And we also get you! And we all get each other - a community of grassroots organisations wanting to improve their communities and share with each other.

www.gigbuddiesinabox.org.uk

Gig Buddies™ is a project developed by the charity Stay Up Late



"FIGHT FOR YOUR RIGHT TO PARTY!"