



GIG BUDDIES

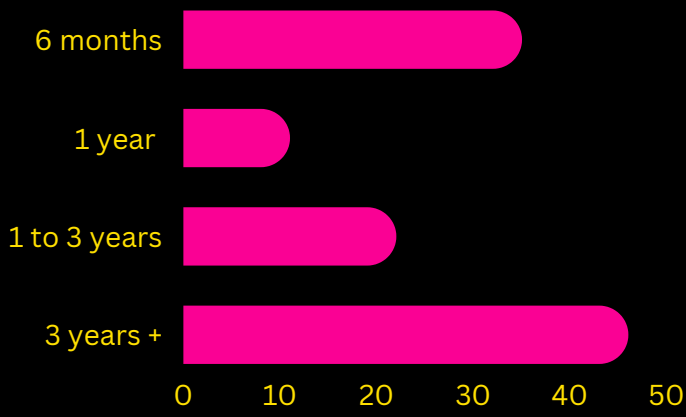
and

SPORTS BUDDIES

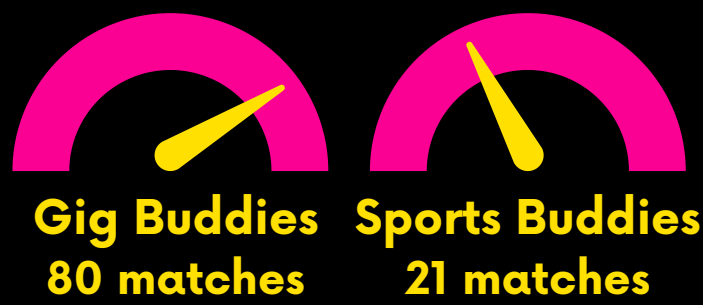
IN NUMBERS



Length of buddy friendships



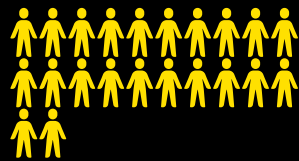
Number of matches



Size of waiting lists (demand for our work)



Gig Buddies
101 people



Sports Buddies
22 people
(in first year)

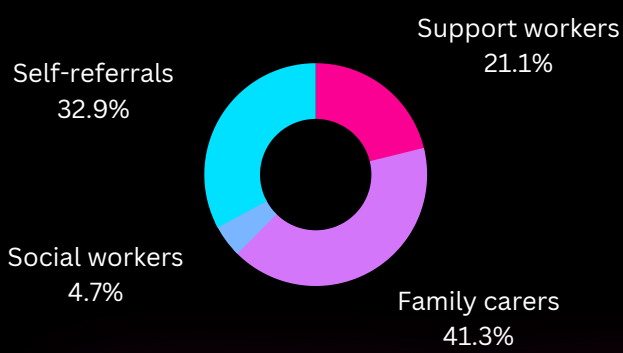
82%
People going out after lockdown

35 socials
12 volunteer training days
60 volunteers trained
A total of
4560 hours of volunteering!

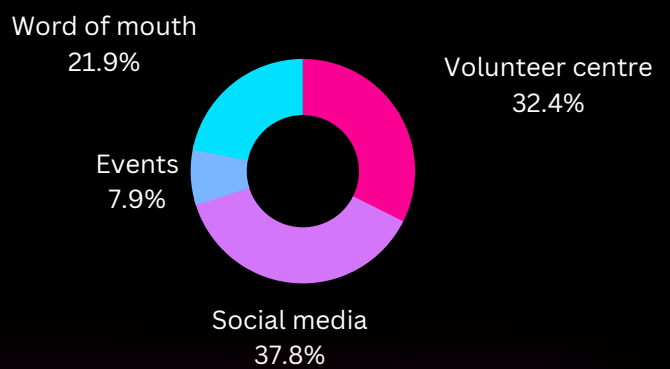
That's a lot of late nights!

Referral routes

Participants



Volunteers



BEING SERIOUS FUN

Gig Buddies is all about having fun but it's also extremely good for your health!

93% said they felt more confident about going out in the community

83% said they'd made new friends through their buddy

100% said they feel more connected to their communities

...whilst also having fun!