

The State of Stay Up Late survey results



We wanted find out if people with learning disabilities could Stay Up Late and make choices about the way they live their lives.



We think that it's very hard for people with learning disabilities to lead ordinary lives.



We asked people with learning disabilities, families, carers, friends, support workers, managers and people who work at councils.



The survey was to find out what is going on now.

195

195 replied.



Two big questions we asked were:



1) Did you know that not going out after 10pm was a big issue for people with learning disabilities?



Do most people with learning disabilities that you know get support to go out in the evening?



What did we find out?



A lot of the people who answered the survey said they could go out themselves



BUT they also said that they knew a lot of people who aren't able to.



A lot of support workers said they could support people after 10pm too but still too many said they couldn't.



Lots of families and carers said the person they know doesn't get support to go out in the evening.



What we plan to do next:



We want to work with managers to create a step by step guide to supporting people to go out after 10pm.



We want to find out how managers at councils could make support organisations do a better job at supporting people to go out in the evening.



We will interview managers who know how people can be supported to go out in the evening and share how they do it through our website.





We will organise a meeting so people with learning disabilities, support workers and managers can think about what we need to do next.



We will aim to run more campaign workshops around the country to support more people to talk about the issue where they live.



If you would like us to run a campaign workshop please get in touch.



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www.stayuplate.org

“DRINK UP IT’S 9 O’CLOCK, TIME TO GO HOME”

Do you have to go home earlier than you want to because staff shifts end at 10pm?

“We want to STAY UP LATE, we want to HAVE SOME FUN”

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Join Heavy Load's Stay Up Late campaign.
Contact via Heavy Load, c/o Southdown Housing Association, 2 Bell Lane, Lewes, East Sussex, BN7 1JJ or email p.richards@southdownhousing.org

www.stayuplate.org

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The Southdown Housing Association

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