





Stay Up Late's punk AGM on 24th October 2015

	<p>What was our question?</p> <p>What can we do to help the 1.4 million people with learning disabilities in the UK have more friendships, more fun and feel more involved in their community?</p>
	<p>Why was it a punk AGM?</p> <p>We wanted to make it all up on the day. Everyone who came was encouraged to take part and dream up ideas for how we can develop our work.</p>
	<p>What did we do?</p> <p>40 people came to our AGM and suggested their ideas for how we can make things better.</p> <p>They are all listed below.</p>
	<p>Idea 1: Training for managers</p> <p>Getting managers of service to let staff stay on shift later to let people with learning disabilities stay up late!</p> <p>Next step: We could design training packs for staff. We could talk to organisations and deliver training session.</p>



Idea 2:
Planning something fun with me

Our gig buddy Emilia wanted to arrange socials in Eastbourne. She would like to go to karaoke on Friday or Saturdays nights.

She would also like to do Christmas card making in December.

Next step:

Organise an event in Eastbourne so we can meet new people.



Idea 3:
Pop-up parties

Get different organisations to take it in turns to host events in their community for people with learning disabilities.

Next step:

Speak to organisations to host pop-up parties and help make it more accessible.



Idea 4:
Gig Buddies beer cans

We could have 'Gig Buddy' beer cans and have a code on the side that would show a video about the project.

Next step:

Get some pictures of people for the cans and speak to local pubs about this.



**Idea 5:
Holiday Buddies**

Support people to go away for short breaks or weekends. Like Ibiza clubbing holidays.

Next step:
Research and plan this to find out the cost and best times to go away.



**Idea 6:
Changing opinions about people with learning disabilities**

Getting people to meet more disabled people.

Next step:
Research the internet and see if this has been done before.



**Idea 7:
Feeling safe in the city**

Help to combat more hate and mate crime to help people with a learning disability feel safe in their city.

Next step:
Stay Up Late is going to work with some key organisations like the police.



**Idea 8:
Being a friendly city**

Work out how to be more welcoming and friendly to people with learning disabilities.

Next step:
Think about improving the journey from deciding to going out to getting home.



**Idea 9:
Football match and music festival**

We want to have a Lewes Football Club music festival. There will be a football match and then DJs and some food.

Next step:
We need to set up a committee and book a venue.
We would like to happen next year in May.



**Idea 10:
Dinner Buddies**

People would meet up and cook for each other. The nights could have a theme too.

Next step:
We need a helper to organise the evening.



**Idea 11:
Getting schools involved**

This would help reduce bullying with autism and learning disabilities.

Next step:

Go to some fresher fairs at universities. We could get secondary schools involved in a Gig Buddy project.



**Idea 12:
Reaching more people**

Reach out to people who find it harder to join Gig Buddies so they can find out about it.

Next step:

Do a focus group with carers and support workers.



**Idea 13:
Building Relationships**

Try and make the relationship between gig buddies better.

Next step:

Continue with phone calls and meetings with gig buddies to make sure everything is ok.



**Idea 14:
Getting people political**

Find ways to influence politicians about the issues facing people with learning disabilities due to government cuts.

Next step:

We need to create a union of support workers to help us.
Create some films about the impact on individual lives.



**Idea 15:
Education**

Work with schools and colleges to change the way young people think and act towards people with learning disabilities.

Next step:

Contact local schools and colleges and arrange a visit and talk.



**Idea 16:
Gig Buddy friendly venues**

We would like venues to support us and display this to the general public.

Next step:

We could have a campaign and target every live music venue in Sussex.
Have a Gig Buddy poster in the window of venues.



Idea 17:
Finding out what people really want to do

Ask all the people with learning disabilities about what they love to do, what excites them and what they feel excluded from.

Next step:
Create a list of possible activities and ask them if they would be interested in.



What do we do next?

We now decide which ideas we can use to develop our charity.

Now the trustees, staff, Storm and Thunder team and our Gig Buddies can work together to make something happen.