



Aug – Sept 2015

# Gig Buddies Newsletter

Hi Gig Buddies!



We have finally recovered from an amazing week at Glastonbury Festival.

We ran a punk and disco makeover tent which was really successful!

Bernie hand-made snazzy bow ties,  
Angelina designed beautiful headbands,  
And Luc styled funky mohican hairstyles.



There is lots going on this summer in Sussex.

The big screen in Brighton on the beach is back from 14<sup>th</sup> August.


We hope some of you enjoyed celebrations for the Pride Festival in Brighton 1<sup>st</sup> Aug.

Over in Eastbourne, the bandstand has some great summer shows!

Enjoy!

The Gig Buddies Team

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Have you got anything fun planned for the summer? Please share with us!

# Gigs of the Month

All events listed are fully accessible



The events listed below are only suggestions for you and your gig buddy, if you are both free.



## AUGUST – EASTBOURNE – SOCIAL

### What kind of event is it?

A tribute BEATLES act The FAB 4 doing all their greatest hits.

### When?

SATURDAY 22nd AUGUST meeting at 7pm at the Bandstand.

The concert starts at 8pm.

### Where?

The Bandstand, Grand Parade Eastbourne, BN21 3AD

### How much?

Tickets are £7.75 and there are free carer tickets. You can book your tickets by calling 01323 410611, or you can call us and we can book tickets for you – we will ask you to pay us back on the night so please be sure you are coming before we book you a ticket.

## AUGUST- BRIGHTON SOCIAL

### What kind of event is it?

A film screening of 'Heavy Load', which is a documentary about Paul's band, with popcorn and drinks!

### When?

TUESDAY THE 18<sup>th</sup> AUGUST. We will meet at 7.30. The film will start at 8pm and finish at 9.30pm. Optional drinks after.

### Where?

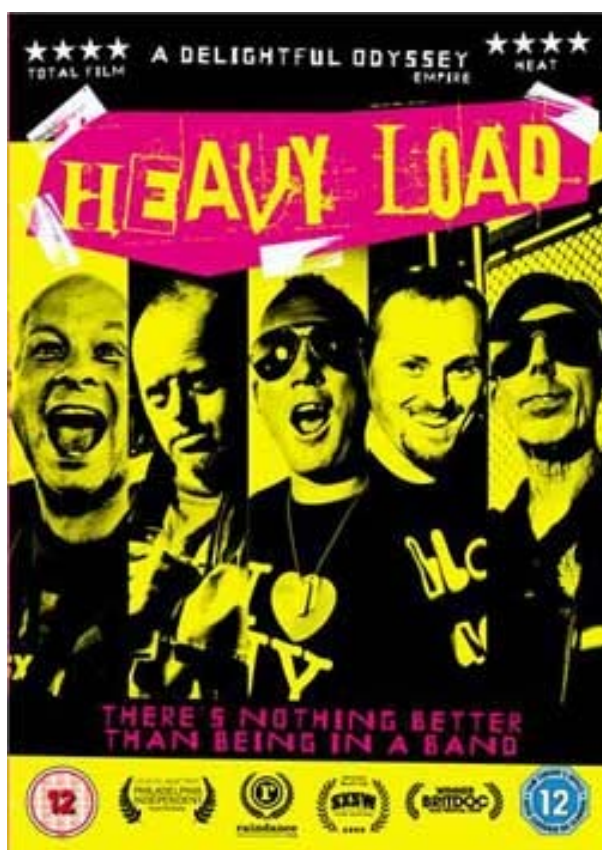
At the Cowley Club, on London Road in Brighton.

### How much?

It costs £2, or free if you are a volunteer, and popcorn is provided.

### Tickets?

You can just pay on the door!





## **AUGUST – BRIGHTON - SOCIAL**

### **What kind of event is it?**

Watching Pride at the big screen on the beach. Pride is a film based on a true story about gay rights activists uniting with the striking coal miners in the 1980s. You can buy food there too.

### **When?**

Friday 14<sup>th</sup> August, meeting at 7:30pm. The film finishes at 11pm.

### **Where?**

Madeira Drive, Brighton

### **How much?**

Tickets cost £7 for seats, £3 for the pebbles and there are free carer tickets.

### **Tickets:**

Please call Madeline on: 07827 228171 if you would like to come.

Please let us know A.S.A.P as we need to book tickets.



## **AUGUST – WORTHING – SOCIAL**

### **What kind of event is it?**

One of our gig buddy participants Stephen Oakley is entering 'The Birdman competition' – jumping off the pier with his support worker dressed as the Tin man and the Scarecrow raising money for Worthing Mencap!

**When?** Sunday 16<sup>th</sup> August at 12:30-2:45pm (He is number 22)

**Where?** Worthing Pier

**How much?** FREE we think!

**Tickets?** There is an accessible viewing platform. Call Kate to book your space 07514 622 204



# REVIEW: HASTINGS BEER AND MUSIC FESTIVAL

by Daniel and Angela



## DID YOU ENJOY THE MUSIC?

**Daniel:** yes.

**Angela:** Yes, I liked all of it!

## WHAT WAS THE BEST PART?

**Daniel:** Mr Cow on the Rodeo and getting flung into the air. Also getting free food and drink and then taking Indian home!

**Angela:** I haven't got one thing in particular, just everything!

## WOULD YOU GO AGAIN?

**Daniel** yes it was fun.

**Angela:** Yes!

# REVIEW: LADYBOYS OF BANGKOK

by Samantha, Bernie and Ellen

## WHAT WAS THE SHOW ABOUT?

**Samantha:** Men dressed up like women- they're really talented. They looked just like women!

**Bernie:** They were dancing on stage!

**Ellen:** They did different songs and musicals- they did one from frozen!

## WHAT WAS THE BEST PART?

**Samantha:** It was all on stage. I wanted to get up there with them! And their costumes were all sparkly and glitzy.

**Bernie:** All of it!

**Ellen:** Their costumes and the way they came into the crowd and interacted with the audience.

## WOULD YOU SEE IT AGAIN?

**Samantha:** I would, I'd recommend it.

**Bernie:** Yes!

**Ellen:** Yes, I'd go and see it again as they do different shows each year.



# GLASTONBURY 2015 by Chris Rider

I went to Glastonbury this year with Gig Buddies and Stay Up Late.

On the Thursday I went for a walk with some of the others to the park stage and climbed up a massive hill to take a picture of the whole festival site and got a photo taken with a guy who had the same cone hat as me which was pretty cool. Then we walked back to the Stay Up Late tent where the other guys were working and stayed for some dinner before scaring people with my scary mask. I stayed up until 4 in the morning with the guys.



Friday arrived and I was rushing as I had forgotten that I was stewarding that day after a late night. In the morning the weather was quite calm, I was working at the Park Stage viewing platform until 5.00pm with Kiera my PA for the week. I got to see some great music and I saw Pussy Riot. Sometimes it does get busy but today was pretty quiet, but it did rain heavily.

From the whole week at Glastonbury I really enjoyed seeing Florence and the Machine. Kanye West's set was totally rubbish but I did get to see a celebrity with David called Rio Ferdinand, a famous footballer, which was really awesome.

I really enjoyed myself and everyone that came made it one of the best Glastonbury trips ever and if I could go again, I would go next year!



# GIG BUDDIES OFFICE NEWS!

## DANIEL (AND MR COW) HAVE JOINED THE BOARD OF TRUSTEES

I have recently joined the Board of Trustees on the 6<sup>th</sup> July.

I will report back to the STORM AND THUNDER TEAM on the minutes of the meeting on the 21<sup>st</sup> July which is really exciting.

This will be done with trusty Mr. cow's help.



## MY SUMMER AT STAY UP LATE

by Jade and Monica

Jade and Monica are students at Sussex University and are interns at Stay Up Late this summer.

### WHAT DO YOU LIKE ABOUT WORKING AT STAY UP LATE?

**Jade:** Learning loads of new things about Stay Up Late, and charities in general.

**Monica:** Working and meeting exceptional people on a day to day basis!

### WHAT HAS BEEN THE BEST PART?

**Jade:** Meeting some Gig Buddies and going to cool events!

**Monica:** Singing along to Blur's Parklife with everyone at the Hasting Beer and Music Fest.



**The next STORM AND THUNDER MEETINGS will be held on  
Tuesday 18<sup>th</sup> August 3-5pm and Tuesday 15<sup>th</sup> September 3-5pm.**