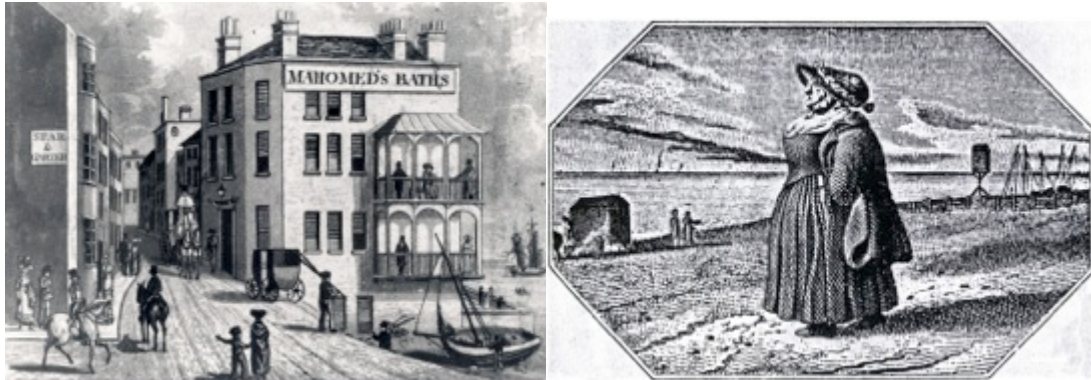


The Stay Up Late guide to Brighton

Brighton and Hove is a city squashed between the sea and the South Downs (our chalk hills). The population is around 275,000 and we hope you find it a fun place to visit. It has a reputation for being a cosmopolitan city where most things are acceptable. It's also the gay capital of the UK.

Brighton's fame rose when it was made popular as a health resort by Dr Richard Russell who recommended drinking the sea water for medicinal purpose. We wouldn't recommend doing that.

The town then developed as a place for people to come to take in the sea air and recover from various illnesses, and be dunked in the sea by a lady named Martha Gunn.



The town's real popularity started to rise thanks to the Prince Regent, who later became King George IV and a must see is his palace, The Royal Pavilion which is a truly astonishing building, inside and out.



Much of Brighton and Hove's Regency past is still visible in the architecture and the city has now become a bustling creative hub where anything could, and often does, happen.



Here's some of the things you should try and see, all within walking distance of The Lighthouse venue.

Things underlined will be seen on our walking tour

The Royal Pavilion

£10.50 entrance

(a must see for visitors to Brighton)



Brighton Pier

(Free)



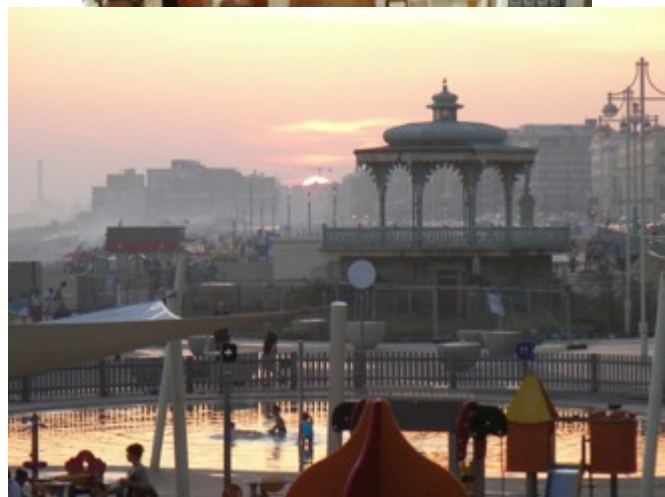
Brighton Museum (next to the Pavilion)

(Free)



Brighton seafront

Worth a leisurely stroll along the prom



West Pier

(not open to the public ! – but very picturesque in any weather)



Banksy and other graffiti



The Brighton Eye

£8 entrance



North Laine shops

- an area of independent shops selling all sorts of weird and wonderful things



The Lanes

Antique shops



The Volks Railway

- The world's first electric railway



The Devil's Dyke

- if you have time take the 77 bus from the Pier to see the magnificent views.



Brighton and Hove's Regency buildings



The Fishing Museum

- try some of the mackerel pate on toast from the shop next door - delicious



Sealife Centre



Booth Museum

- this is off the beaten track but Paul's favourite museum. Full of stuffed animals. And it's free!



St Bartholomews Church

The UK's tallest church. Built on the proportions of Noah's Ark taken from The Bible.



St Nicholas' Church

Brighton's oldest religious building



Our local delicacy:

Fish and chips



Washed down with a pint of warm beer.
Lovely!



For more information see:

<http://www.visitbrighton.com/>

http://www.tripadvisor.co.uk/Attractions-g186273-Activities-Brighton_East_Sussex_England.html

<http://www.timeout.com/travel/features/763/20-great-things-to-do-in-brighton>

Paul's mobile in case you get lost or need anything:

+ 44 7460 840984

www.stayuplate.org

Getting the train to Brighton.

All London trains stop at Gatwick Airport. The cost of a ticket is around £15

Getting around Brighton

Everything in the centre of Brighton is quite close to each other. However, it's built on a few hills so you may want to catch taxis. There are plenty of taxi ranks and accessible taxis.

Public transport isn't cheap. A one way bus ride costs £2.30, you can pay on the bus.

