



ART-is: UK Trip
Visit to Heart n Soul and Stay Up Late

Proposed Schedule

Date	Activity
Wednesday 5 th March	<ul style="list-style-type: none">• Travel day• Evening Meet and greet at The Albany (tbc)
Thursday 6 th March	<ul style="list-style-type: none">• Visit to Heart n Soul's project Allsorts• ART-is group meeting (tbc)
Friday 7 th March	<ul style="list-style-type: none">• Sight seeing in London AM• Travel to Brighton PM• <i>6pm meet at North Laine pub</i>• <i>8pm go off to a gig or two</i>
Saturday 8 th March	<ul style="list-style-type: none">• <i>9.30am breakfast at Lighthouse</i>• <i>Meetings</i>• <i>2pm walking tour</i>• <i>4pm Free time</i>• <i>7pm Dinner at North Laine</i>
Sunday 9 th March	<ul style="list-style-type: none">• 10am breakfast in café for those who want it• Travel day
Monday 10 th March	<ul style="list-style-type: none">• Creative Minds Conference (optional)

Travel Info

Heart n Soul are based in **Deptford**, South East London. Stay Up Late are based in **Brighton**, on the south coast of the UK. We recommend booking your flights to Gatwick airport. It is the closest to both Deptford and Brighton.

Getting to Deptford from Gatwick



By taxi:

- Gatwick – Deptford
Average journey time – 50mins

6 people - £75.00 - £100.00

<http://www.cabmania.com/>
<http://london-gatwick-taxi.co.uk/>



By train:

- Gatwick – London Bridge
Average journey time – 40mins

Approx £10 per person

<http://www.nationalrail.co.uk/>



Getting from London Bridge to Deptford

By train:

- London Bridge – Dartford Rail Station
Average journey time – 6mins

1 person - £2.10 (off peak)

Take a train towards Dartford Rail Station. Get off at Deptford.

Getting around London



It is cheaper to travel using an Oyster Card than buying single tickets. Oyster card itself costs £5.00. You can return it and get your money back before leaving London (keep receipts with you!).



You can buy one at any of the Underground stations or at a shop that has an Oyster symbol in the window.

A single bus ticket using your Oyster Card will cost £1.40. Underground within zones 1-2 will be £2.10 during off-peak hours and £2.80 during peak hours. You will need to top-up your Oyster accordingly.

Bus single with no Oyster Card - £2.40, tube - £4.50.



There is also an option of a Travel card. There are daily and weekly travel cards.

Anytime daily travel card costs £8.80 for zones

1-2. Off-peak - £7.30 (travel after 9.30am)

Weekly travel card costs £30.40 for zones 1-2. You can travel by bus, tube or train within zones 1-2.

For more information about Oyster and travel cards please visit

<http://visitorshop.tfl.gov.uk/>

For more information about tickets and prices please visit:

<http://www.tfl.gov.uk/tickets/14416.aspx>

Plan your journey in London:

<http://www.tfl.gov.uk/>

Hotels in Deptford Area

London Greenwich Travelodge

Travelodge offers great family and accessible rooms. We have visited this hotel and we highly recommend booking your rooms with them.

1 room, 1 night – approx £66.00

It is recommended you book through the website. Try and book as soon as possible!

Travelodge London Greenwich Hotel
Blackheath Road
Greenwich
London
SE10 8DA

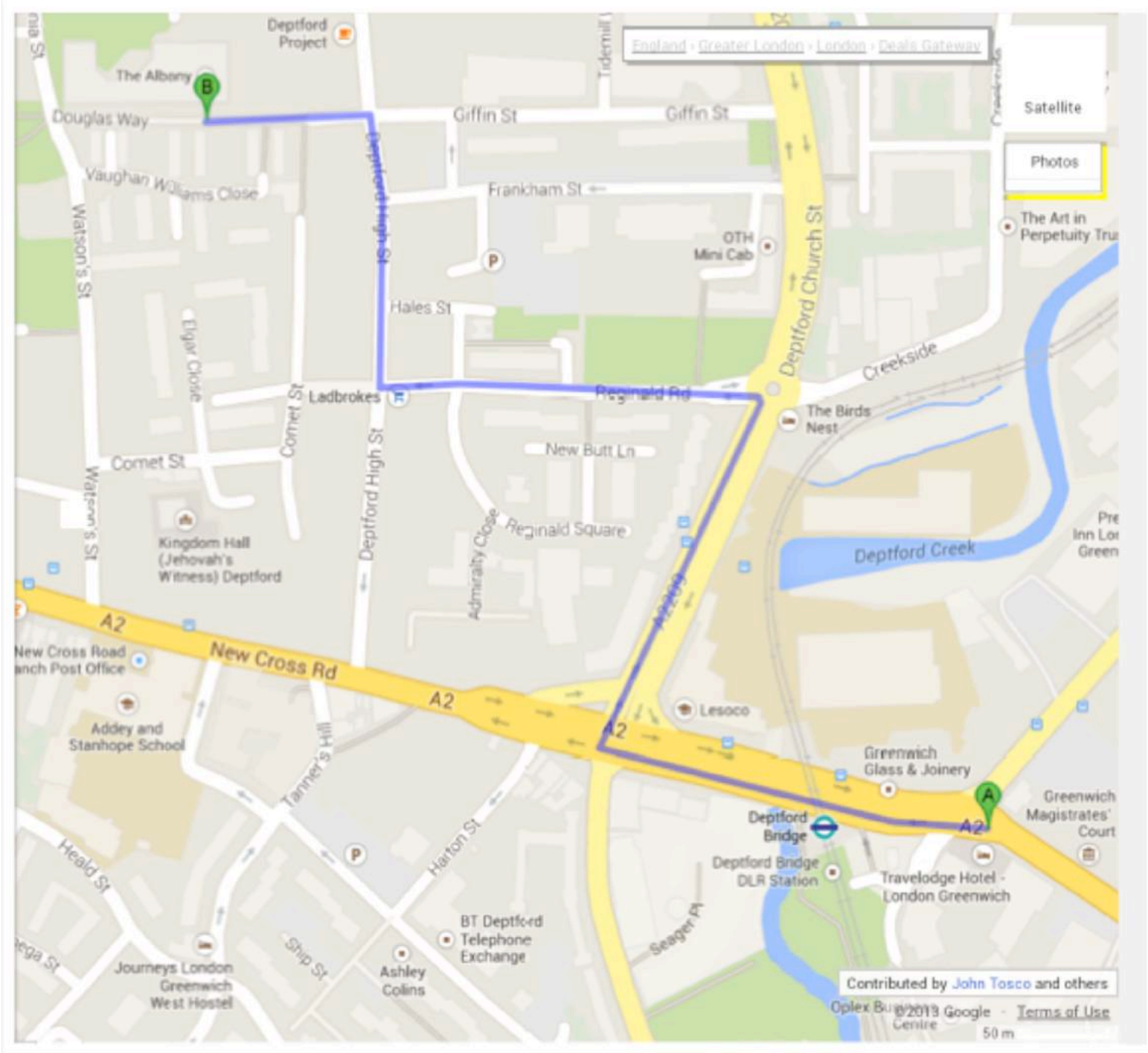
<http://www.travelodge.co.uk/hotels/539/London-Greenwich-hotel>

If you have any problems with your booking, let us know and we will provide you with more options. There are other hotels close by.

The Travelodge is walking distance to Heart n Soul. We are at an arts centre called The Albany:

Heart n Soul
The Albany
Douglas Way
London
SE8 4AG

You can use the following links to get directions
maps.google.co.uk
www.streetmap.co.uk



Sightseeing

Things to see in Central London

We have suggested some sights of London below. Most are within a walking distance once you get into central London.

From Deptford, you could take bus 453 towards Marylebone or 53 towards Whitehall and get off at the Westminster Bridge bus stop. Crossing over you will see:

- The Houses of Parliament



- The Westminster Abbey



If you keep walking down the Whitehall you will get to:

- Trafalgar Square including National Gallery



Once in Trafalgar Square, walk down The Mall and you will get to:

- The Buckingham Palace



Behind the National Gallery you will find:

- Leicester Square



- Piccadilly Circus



Other places of interest in Central London:

- Tower Bridge



- The Tower of London



- St Paul's Cathedral



- Greenwich Park



Museums and galleries

- The British Museum (free)
- Tate Modern (free)
- The Natural History Museum (free)
- The National gallery (free)

For more information and maps please visit:

www.timeout.com/london

www.visitlondon.com

www.tripomatic.com/United-Kingdom/London/